

Different strokes for different folks

# HIV prevention practices in the Philippines

Presented by:

**Danvic Rosadiño, DIH**  
LoveYourself, Philippines

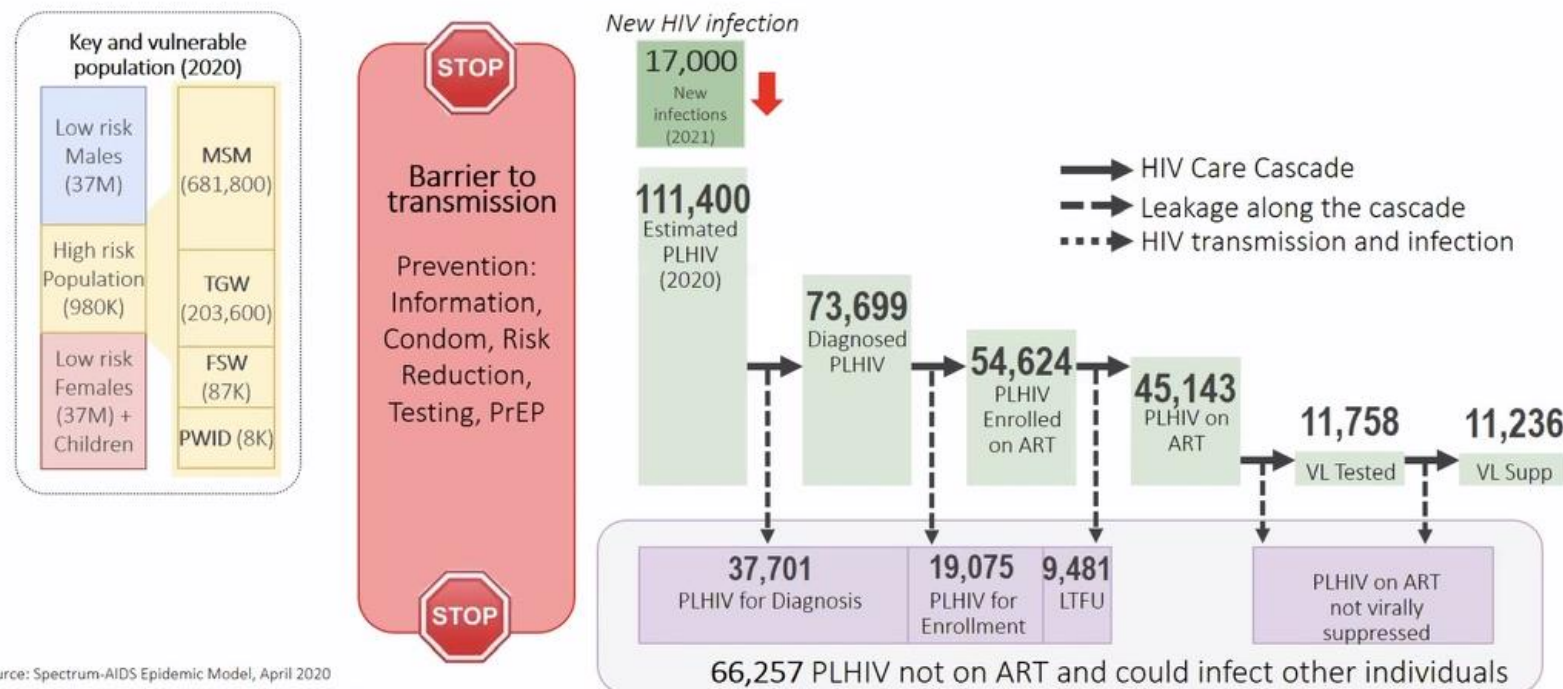
# HIV in the PH: Fast and furious

42

HIV diagnosed Filipinos  
per day (2022)

200% change from  
10 years ago

Combination prevention strategy will prevent new infection



Source: Spectrum-AIDS Epidemic Model, April 2020  
HIV, AIDS and ART Registry of the Philippines, March 2020

HIV services should address two needs:

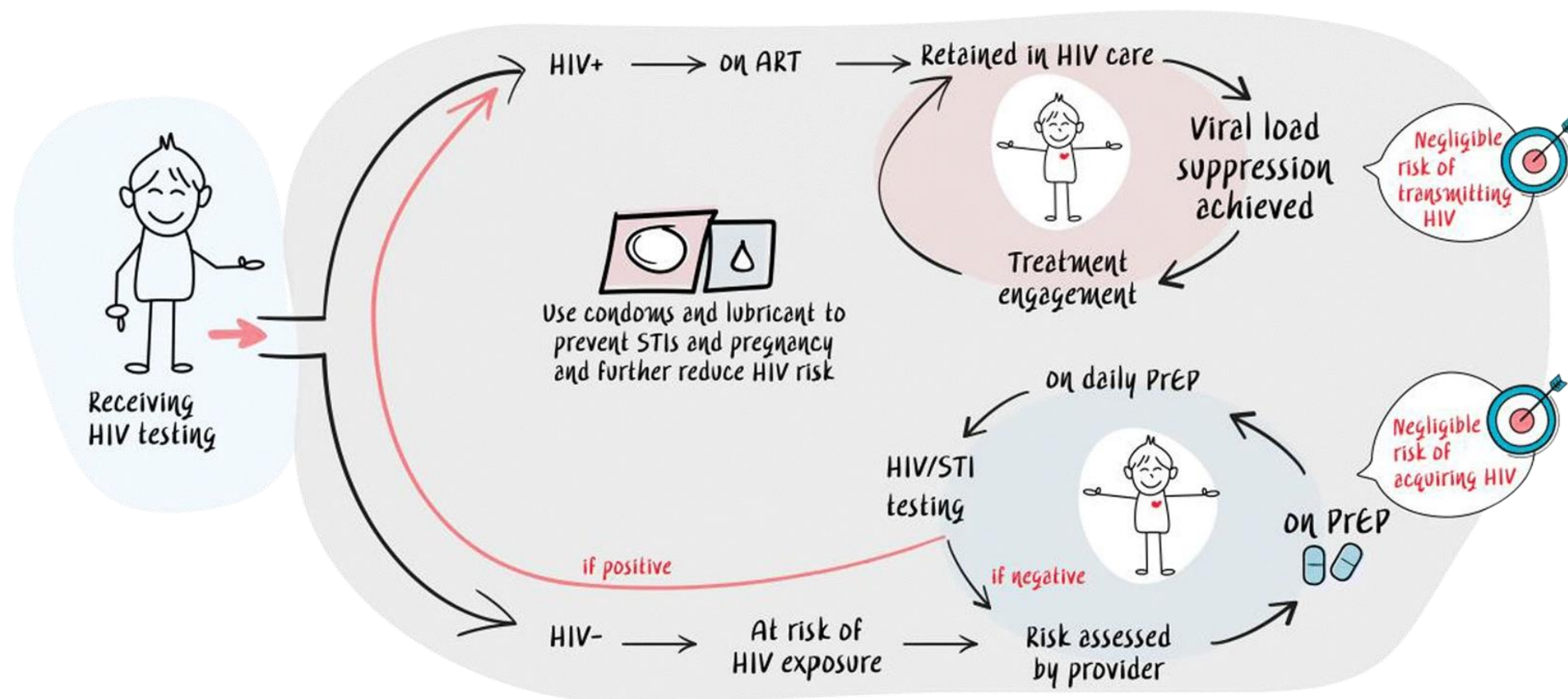
## Practical

Accessing HIV prevention/treatment options, leading to satisfy biomedical needs

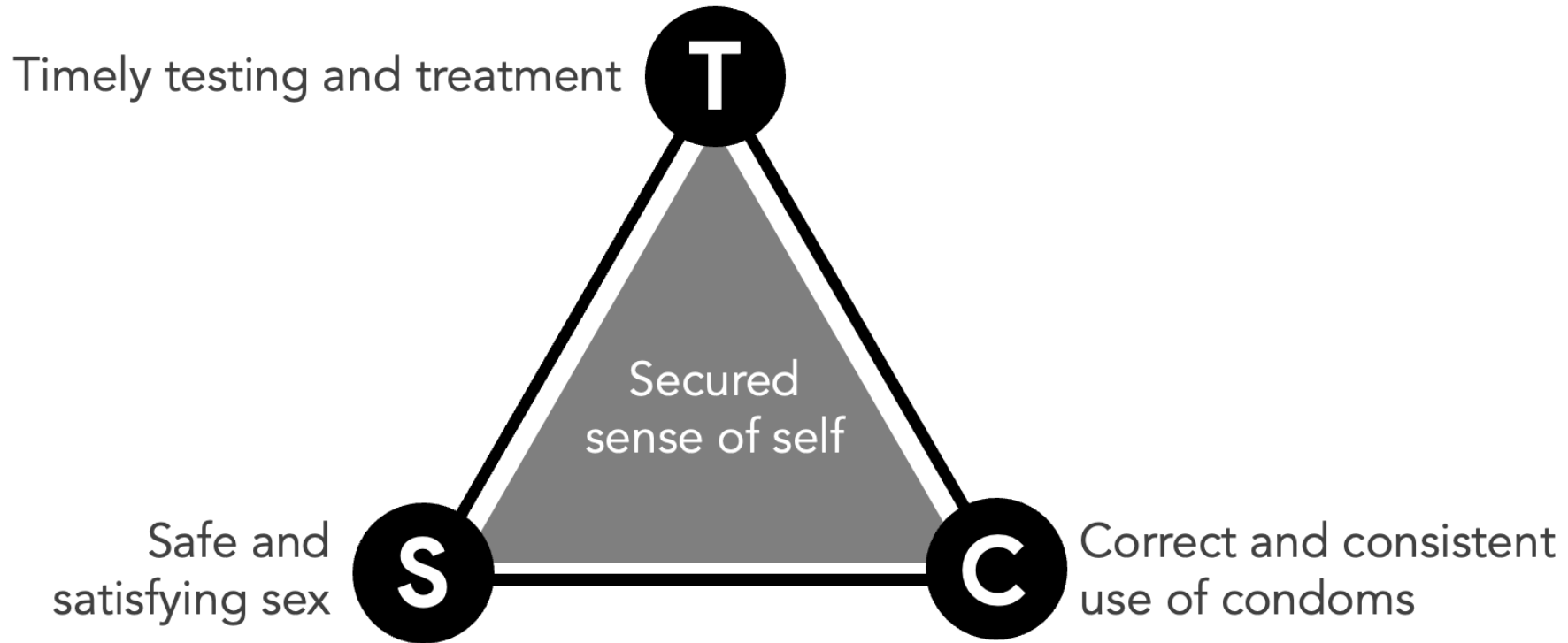
## Personal

Guiding clients towards self care and sustainability, leading to satisfy psychosocial needs

# Status neutral approach in HIV



# Triangle of Self Care



## Self-testing via SelfCare

Unassisted HIV self-testing, assisted via virtual assistants

Blood-based kits can be delivered or picked-up at any site in the Philippines

## Differentiated testing approaches

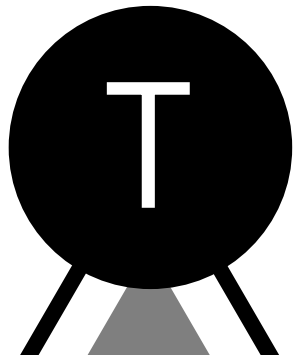
Various testing modalities for various key populations (sex workers, peer groups, etc.)

## Facility-based services at LoveYourself Hubs

One-stop-shop approach: All services needed in one location

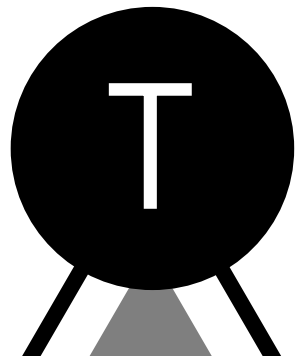
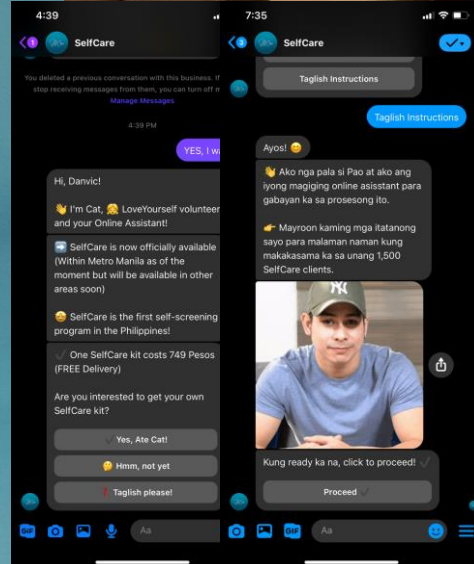
Accessible: located in major transport hubs, open at hours where most clients can come

Offering same-day enrollment to ART: minimizing leakage to cascade



## Timely testing and treatment





# Timely testing and treatment

## Combination prevention strategies

*Espousing a status neutral approach<sup>1</sup>*

Provision of PrEP (via PrEPPY – on-site and telemedicine) and non-occupational PEP

U=U concept integrated in various sessions

## Differentiated virtual/hybrid care approaches

Online consults via telemedicine

Delivery of commodities/medicines via Xpress

## Sex-positive messaging and campaigns

Recognizing the fact that abstinence might not work for some

Recommending approaches that are fit to their lifestyle, without judgment

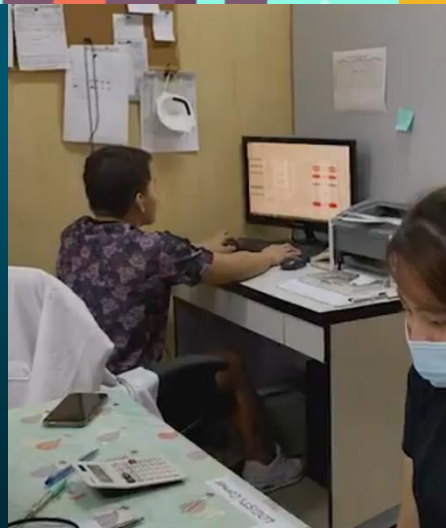
# Safe and satisfying sex

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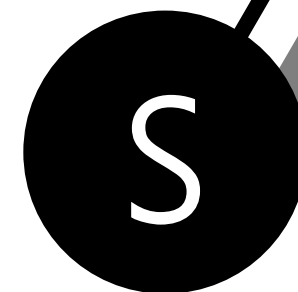




BE WORRY-FREE,  
PROTECT AGAINST HIV



Safe and satisfying sex



## Enzo: Your sexual health companion

Virtual assistant guiding clients on the best combination prevention approach

## Establishment of SafeSpacesPH

Innovative condom and lubricant distribution system

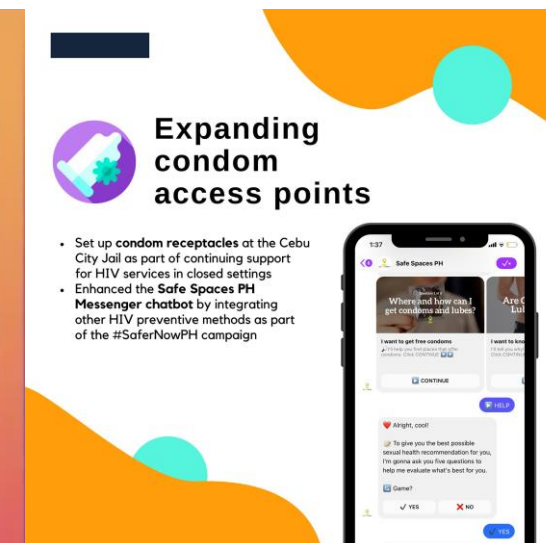
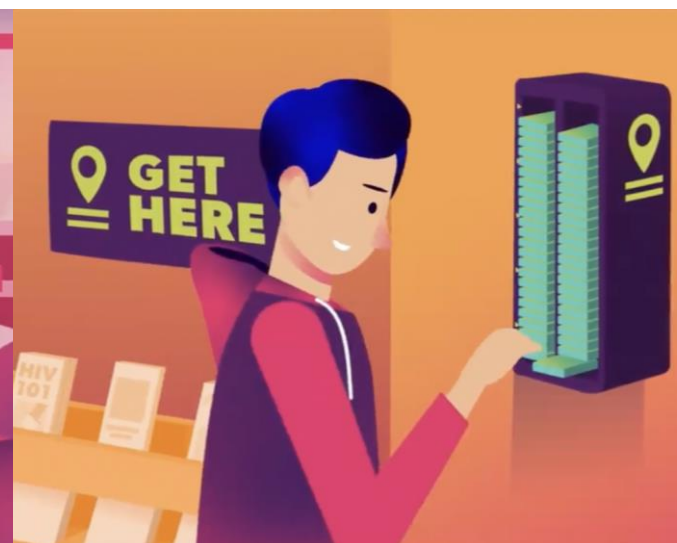
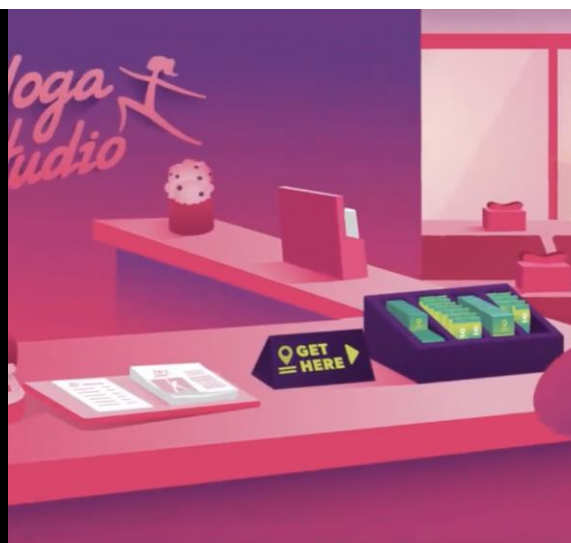
Can be delivered with a SelfCare kit

Pick-up at partner establishments trained to be *safe spaces*

Establishments can be anything: coffee shops, restaurants, spas, yoga studios, companies, military barracks, you name it!

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# Correct and consistent use of condoms



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Correct and consistent use of condoms

## Transcend: Your transitioning partner

Transhealth-competent facilities guiding clients who want to transition

Guiding with provision of gender affirming hormone therapy and other procedures

## Flourish: Community-based mental health services

Prevention interventions and peer support group sessions

Referral to professionals (psychologists and psychiatrists)

## Quality of Life: Realizing the 4<sup>th</sup> 95

Goal: 95% of virally suppressed clients have better quality of life

Life coaching sessions that leads clients to sustainability



Secured sense of self





Secured sense of self



In order to create access to HIV-related services, we should continue to provide **client-centered** and **differentiated services** for the community.

Understanding affected communities is **central to developing tailored approaches** which address people's risk, their perception of risk and their need for seamless and equitable access to quality services.

Involve communities. **We know the market, because we are the market.**

# Acknowledgements



Pilipinas Shell  
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Maraming salamat po!  
Terima kasih!  
Thank you very much!



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