

Addressing Internalized Stigma in People Living with HIV

Lorem Ipsum dolor Sit

The Trinidad Transformation

- Story of young woman from Trinidad who initially couldn't share her story
- * Journey from silence to becoming an international advocate



Understanding Internalized Stigma

- **Definition and Manifestations and Impact.**
- **Root Causes in Caribbean Context**
- **Application in Caribbean Context**

Trauma-Informed Care Approach

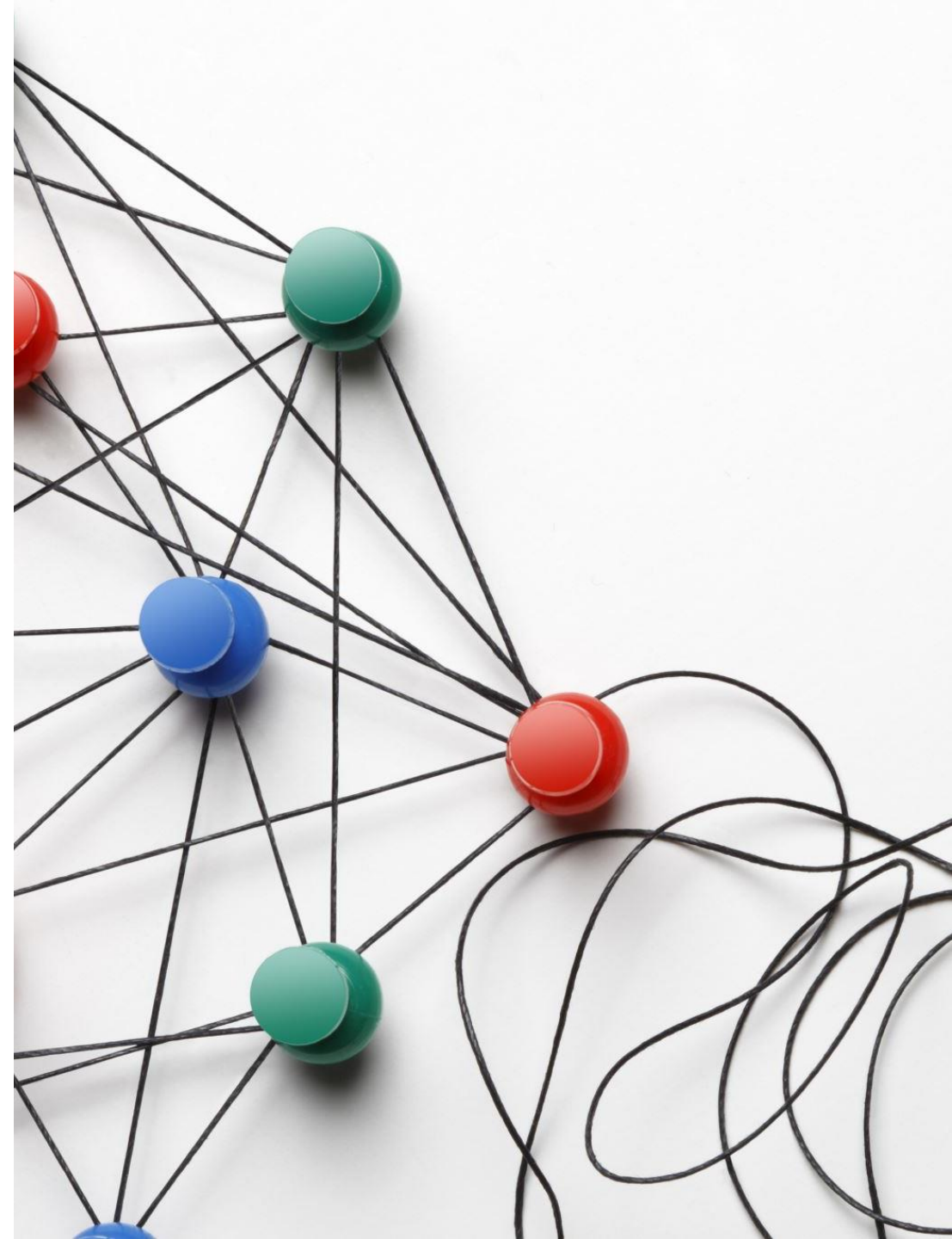
- * **Key Principles** * Safety (physical and emotional)
- * Trustworthiness and transparency
- * Peer support
- * Collaboration
- * Empowerment and choice
- * Cultural, historical, and gender considerations

Innovative Interventions

- **Common Threads Program**
- **. Body Mapping Component**
- **Key Elements**

- **Catch a Rising Star Initiative**
- **Program Structure**

- **Key Findings:**
- **Vulnerability Factors Identification**
- **Transformation Indicators**



Key Recommendations

- » **Professional Development**
- » **Program Implementation**
- » **Support System Development**
- » **Policy Framework**
- » **Sustainable Impact**