



## IAS Educational Fund symposium programme\*

In partnership with Go Joven Belize

Uniting science and community for an accelerated HIV response in Belize

29 April 2026, Grand Resort & Residences, Belize City, Belize

Wednesday, 29 April 2026

08:00 – 09:00 Registration

### Opening session

09:00 – 09:20 *Welcome remarks*

09:20 – 09:40 *Key messages from IAS 2025 and other international conferences*

09:40 – 09:55 *The current HIV response in Belize*

09:55 – 10:10 *Q&A session*

### Session 1: Accelerating innovative interventions in prevention

10:10 – 10:25 *Lenacapavir for PrEP: What science tells us and what comes next*

10:25 – 10:45 *Panel discussion – Self-testing in Belize: A policy milestone for expanded testing*

10:45 – 11:00 *Q&A session*

### 11:00 – 11:25 Coffee break and networking

11:25 – 11:35 *Understanding treatment as prevention: The science behind U=U*

11:35 – 11:55 *Panel discussion – Unlocking the potential of PrEP in Belize*

11:55 – 12:15 *Q&A session*

### Session 2: The role of mental health in the HIV response

12:15 – 12:30 *From research to practice: Motivational interviewing and differentiated mental healthcare in the HIV response*

12:30 – 12:40 *The intersection of substance use, mental health and sexual behaviour in the HIV response*

12:40 – 12:50 *Internalized stigma as a barrier to care*

12:50 – 13:10 *Q&A session*

### 13:10 – 14:15 Lunch break and networking

14:15 – 14:45 *Panel discussion: How can mental health improve access to HIV services and reduce self-stigma?*

14:45 – 15:05 *Q&A session*

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### Session 3: Closing the gaps to reach the UNAIDS 95-95-95 targets

- 15:05 – 15:20 *Putting people first: Person-centred approaches to reach key populations and strengthen progress towards the 95-95-95 targets*
- 15:20 – 15:30 *Differentiated HIV care: Improving ART coverage and viral suppression in Belize*
- 15:30 – 15:40 *Best practices on adherence to strengthen treatment as prevention*
- 15:40 – 16:05** **Coffee break**
- 16:05 – 16:30 *Panel discussion – Transforming treatment: DSD in action for HIV programmes*
- 16:30 – 16:50 *Q&A session*
- 16:50 – 17:00** **Closing session**

*\*This programme is subject to changes*

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