

Educational  
Fund  
**IAS**



# Uniting science and community for an accelerated HIV response in Belize

29 - 30 April 2026

Grand Resort & Residences,  
Belize City, Belize

Supported by



GILEAD

08:00 – 09:00 Registration

### Opening session

09:00 – 09:20 Welcome remarks

09:20 – 09:40 Key messages from IAS 2025 and international conferences

09:40 – 09:55 The current HIV response in Belize

09:55 – 10:10 Q&A session

### Session 1: Accelerating innovative interventions in prevention

10:10 – 10:25 Lenacapavir for PrEP: What science tells us and what comes next

10:25 – 10:45 Panel discussion - Self-testing in Belize: A policy milestone for expanded testing

10:45 – 11:00 Q&A session

11:00 – 11:25 Coffee break

11:25 – 11:35 Understanding treatment as prevention: The science behind U=U

11:35 – 11:55 Panel discussion - Unlocking the potential of PrEP in Belize

11:55 – 12:15 Q&A session

### Session 2: The role of mental health in the HIV response

12:15 – 12:30 From research to practice: Motivational interviewing and differentiated mental health care in the HIV response

12:30 – 12:40 The intersection of substance use, mental health and sexual behaviour in the HIV response

12:40 – 12:50 Internalised stigma as a barrier to care

12:50 – 12:55 Testimony: Best practices from service providers to reduce stigma for their clients?

12:55 – 13:15 Q&A session

13:15 – 14:15 Lunch break and networking

14:15 – 14:40 Panel discussion - How can stronger mental health services improve access to HIV services and reduce self-stigma?

14:40 – 15:00 Q&A session

### Session 3: Closing the gaps to reach the UNAIDS 95-95-95 targets

15:00 – 15:15 Putting people first: Person-centred approaches to reach key populations and strengthen progress towards the 95-95-95 targets

15:15 – 15:25 Differentiated HIV care: Improving ART coverage and viral suppression in Belize

15:25 – 15:35 Best practices on adherence to strengthen treatment as prevention

15:35 – 15:50 Q&A session

15:50 – 16:10 Coffee break

16:10 – 16:30 Panel discussion - Transforming treatment: DSD in action for HIV programmes

16:30 – 16:50 Q&A session

16:50 – 17:00 Closing session

*\*This programme is subject to changes*