

# **Latest TB Science CROI 2021**

**Anton Pozniak MD FRCP**

Consultant Physician Chelsea and  
Westminster Hospital

Hon. Professor Clinical research LSHTM

# Disclosures

## **Type of affiliation / financial interest**

- Receipt of grants/research supports:
  - Receipt of honoraria or consultation fees:
  - Participation in a company sponsored speaker's bureau:
  - Stock shareholder:
  - Spouse/partner:
- To my unit from Janssen, Merck, Viiv and Gilead
  - To me from Janssen, Merck, Viiv and Gilead, Thera
  - None
  - None
  - None

# Content

**Short Course TB therapy**

**High dose rifampicin in TBM**

**Effect of High dose rifampicin on ARVs**

**ARVs and Rifapentine in LTBI**

**Contact Tracing**

**Targeted TB Testing**

# Can TB Treatment be Made Easier?

## TB treatment is Complex

—at least 6 months and multiple pills

### Shorten TB treatment to 4 months

- OFLOTUB study (gatifloxacin) **FAILED**
- RIFAQUIN study (moxifloxacin/rifapentine ) **FAILED**
- ReMoxTB study ( moxi instead of E or H) **FAILED**
- S31/A5349 (Hi Dose RPT/INH/**PZA**/MOX) **Success!**

**But does it work in HIV /TB?**

# Study 31/A5349

## Shorten TB Treatment to 4 months

International, randomized, open-label, phase 3, non-inferiority trial

**2HRZE / 4HR**  
"Control"



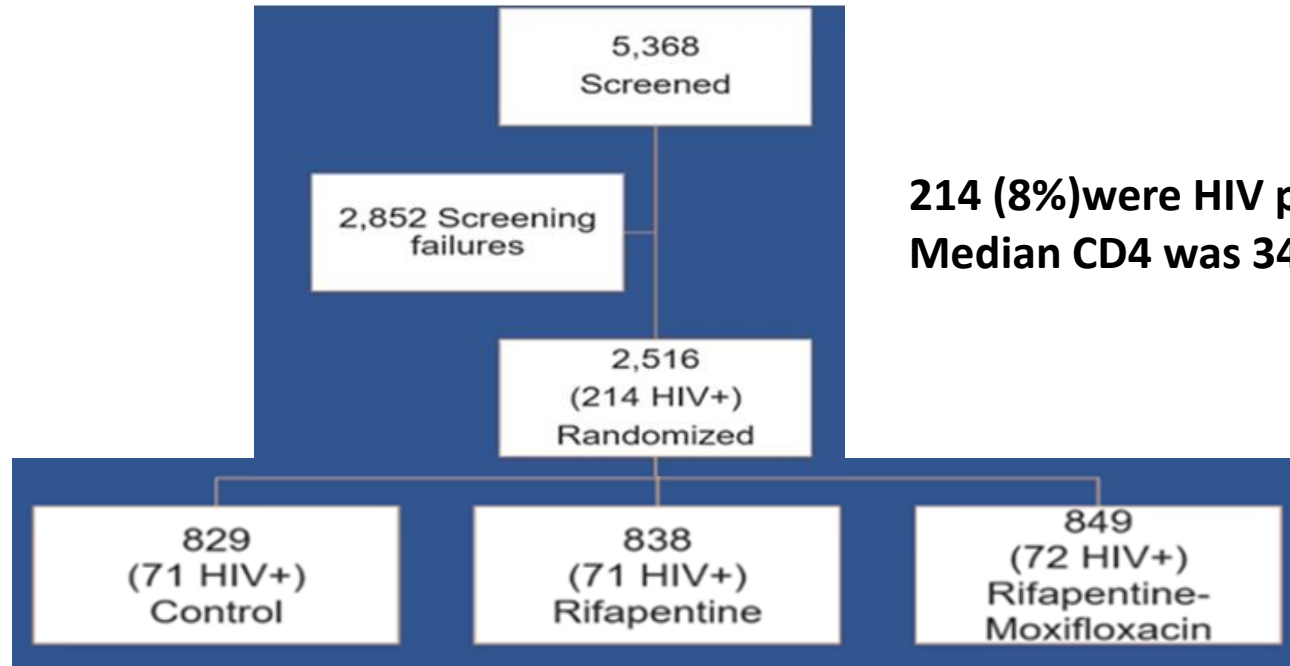
**2HPZE / 2HP**  
"RPT"



**2HPZM / 2HPM**  
"RPT-MOX"



# Study Population



**214 (8%) were HIV positive**  
**Median CD4 was 344**

# Results-Baseline

Microbiologically Eligible Population Total n=2343	HIV-seropositive N=194	HIV-negative* N=2148
Median (IQR) age, years	36 (30 - 43)	30 (24 - 41)
Male sex	120 (62%)	<b>1549 (72%)</b>
Race		
Asian	0 (0%)	268 (12%)
Black or African American	<b>180 (93%)</b>	1495 (70%)
White	2 (1%)	34 (2%)
More than one race	12 (6%)	346 (16%)
Missing	0 (0%)	5 (0.2%)
Median (IQR) baseline BMI, kg/m <sup>2</sup>	19 (17 - 22)	19 (17 - 21)
Cavitory Disease	139 (72%)	1563 (73%)
Current smoking	41 (21%)	500 (23%)
Diabetes Mellitus	1 (0.5%)	<b>76 (3%)</b>

# Efficacy and Safety

Efficacy outcomes (% favorable)	Control	Rifapentine Moxifloxacin	Rifapentine	Total
<b>Microbiologically eligible</b>	50/64 (78%)	<b>53/62 (85%)</b>	48/68 (71%)	151/194 (78%)
<b>Assessable</b>	50/59 (85%)	<b>53/58 (91%)</b>	48/65 (74%)	151/182 (83%)
<b>Per-Protocol 95</b>	<b>44/45 (98%)</b>	43/45 (96%)	41/52 (79%)	128/142 (90%)

Safety Outcomes	Control	Rifapentine Moxifloxacin	Rifapentine	Total
<b>Total safety population</b>	70	72	71	213
<b>Primary Safety Outcome (Grade 3-5 AEs on treatment)</b>	<b>15 (21%)</b>	10 (14%)	12 (17%)	37 (17%)
<b>SAEs during treatment</b>	<b>7 (10%)</b>	2 (3%)	6 (8%)	15 (7%)
<b>Deaths</b>	2 (3%)	0 (0%)	<b>3 (4%)</b>	5 (2%)



# Study 31-Conclusions

- 4 month Rif-Moxi combination non-inferior to standard 6 month treatment
- Combination Rif –Moxi efficacious in HIV subgroup
- **Major milestone in TB Rx**

# Short Course MDR/XDR Treatment

**Nix**TB

## Phase 3 Trial in XDR-TB\*

Followed throughout 30 months

**Extensively  
Drug-Resistant**  
+  
**Treatment-Intolerant  
or Non-Responsive  
Multidrug-Resistant  
TB Participants**

Pretomanid  
200 mg qd

Bedaquiline  
200 mg tiw after  
2 week load

Linezolid  
1200 mg qd\*

**6-9**  
MONTHS OF  
TREATMENT\*\*

Primary endpoint

# Results

- 109 participants (65% XDR-TB, 35% MDR-TB; 51% HIV+) were enrolled and comprised the ITT population (MITT population = 107)
- All surviving participants, except 1 withdrawal, completed the full course of therapy
- At the primary endpoint six months after treatment, as previously reported, there were 98 with favorable outcomes (90% ITT, 92% mITT)
- After the primary endpoint one participant relapsed 15 months after treatment and one was lost to follow up
- Favorable outcomes 24 months post completion of treatment were sustained (88% ITT, 91% mITT) independent of sex or HIV status.

# High Dose Rifampicin in TBM

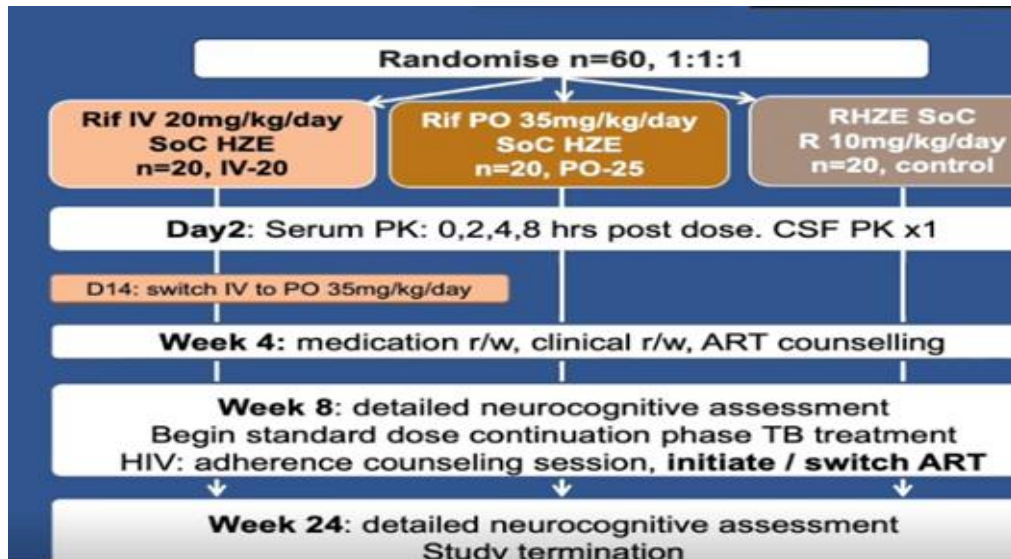
- Should we use higher doses of rifampicin than we do in standard treatment?
- Rifampicin concentration may be low in the CNS.
- Data suggests link between dose and survival
- In Pulmonary TB high dose rifampicin reduces time to culture conversion in sputum

# Study Design

## Inclusion Criteria

1. Suspected TB meningitis  
**AND, EITHER**
  - CSF glucose to plasma ratio <50%, or absolute CSF glucose <65mg/dl or 3.6 mmol/L**OR**
  - Positive CSF AFB smear or Xpert Ultra

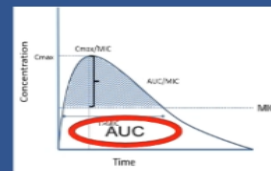
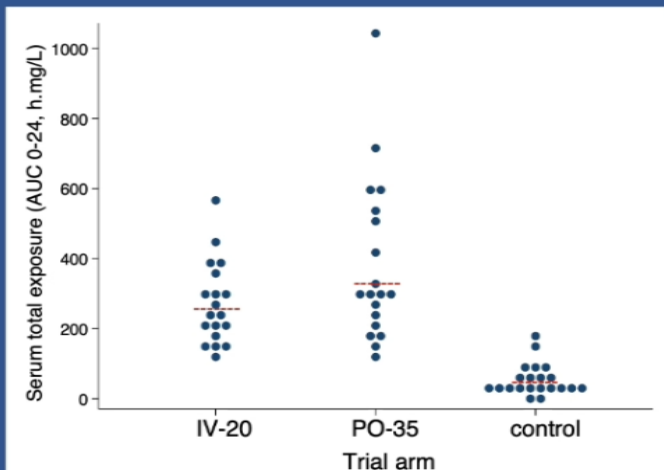
## Study Design



HIV Pos=55/60 patients  
Median CD4 50

# Drug Exposure-Serum

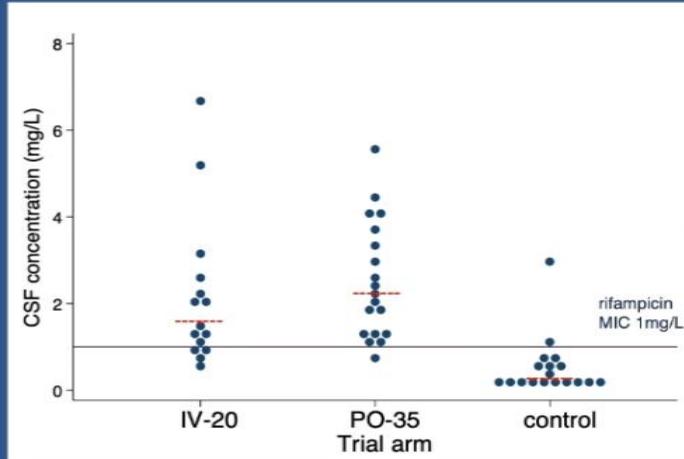
## Rifampicin total serum exposure - $AUC_{0-24}$



$AUC_{0-24}$ (h.mg/L) °	IV-20	PO-35	control	P value
n observations	19	19	21	
Geometric mean (95% CI)	249 (202 - 306)	327 (248 - 430)	42.9 (29.2 - 63.0)	<0.001
Ratio to control	5.80	7.62	1 (ref)	
P value <sup>d</sup>	<0.001	<0.001	-	

# Drug Exposure-CSF

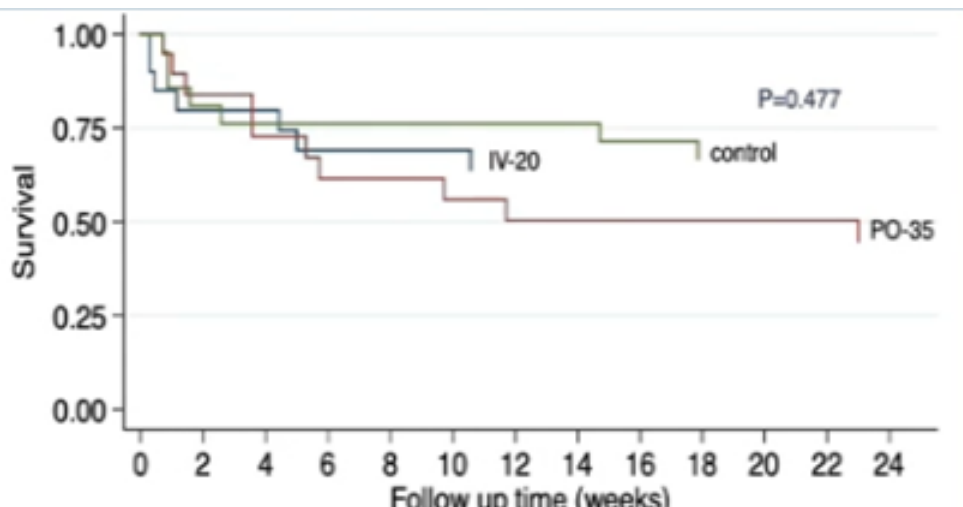
## Rifampicin CSF concentration - $C_{CSF}$



$C_{CSF}$ (mg/l)	IV-20	PO-35	Control	P value
<b>n observations</b>	15	19	18	
<b>Geometric mean (95% CI)</b>	1.74 (1.20 - 2.53)	2.17 (1.64 - 2.86)	0.27 <sup>h</sup> (0.17 - 0.45)	0.058
<b>Ratio to control</b>	6.44	8.00	-	
<b>P value</b>	<0.001	<0.001		
<b>n (%) with detectable CSF level</b>	15 (100)	19 (100)	8 (44)	<0.001
<b>n (%) with concentration above rifampicin MIC<sup>1</sup> (1 mg/L)</b>	14 (93.3%)	18 (94.7%)	2 (11.1%)	<0.001

# Outcomes/Conclusions

K-M curve Time to death



- In PO-35 and IV-20 groups >90% had CSF levels above MIC
- No Excess toxicity
- But NO difference in clinical outcome
- —but not powered to do this



# What is the Effect of High dose Rifampicin on ARVs?

## Efavirenz

Number and % compared to target minimum threshold (of 1 mg/L)			
	Arm 2A EFV + RIF 35 n=15	Arm 2B EFV + RIF 10 n=19	Fisher's Exact P-value
EFV mid-dose concentrations			
<1 mg/L, n(%)	1 (6.7)	1 (5.3)	P>0.999
≥1 mg/L, n(%)	14 (93.3)	18 (94.7)	

## Dolutegravir 50mg BD

Number and % compared to target minimum threshold (of 0.064 mg/L)			
	Arm 1A DTG+RIF 35 n=25	Arm 1B DTG+ RIF 10 n=21	Fisher's Exact P-value
DTG C <sub>0</sub>			
<0.064 mg/L, n(%)	4 (16.0)	1 (4.8)	P=0.35
≥0.064 mg/L, n(%)	21 (84.0)	20 (95.2)	

Still had similar viral suppression

# Short Course LTBI

## Now One month of therapy is Possible

### *The* NEW ENGLAND JOURNAL of MEDICINE

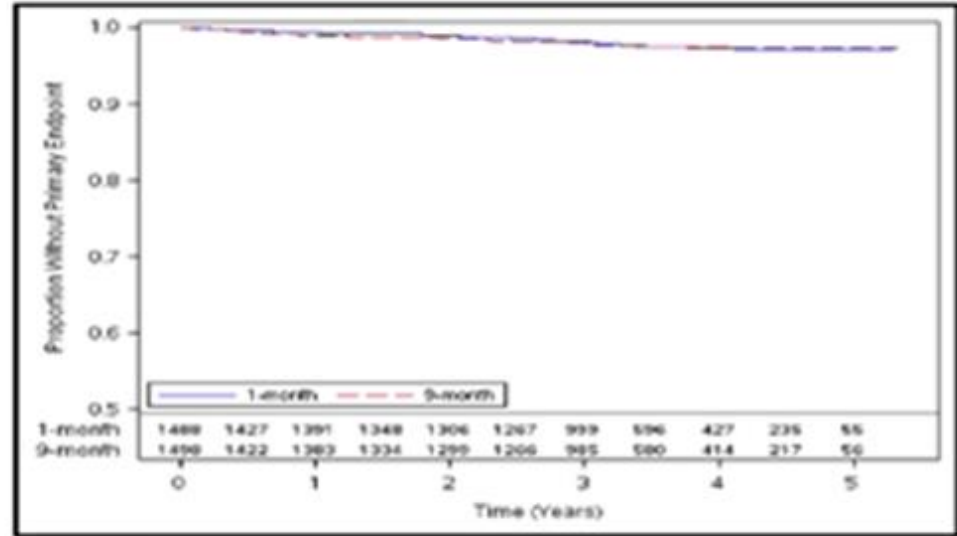
ESTABLISHED IN 1812

MARCH 14, 2019

VOL. 380 NO. 11

#### One Month of Rifapentine plus Isoniazid to Prevent HIV-Related Tuberculosis

S. Swindells, R. Ramchandani, A. Gupta, C.A. Benson, J. Leon-Cruz, N. Mwelase, M.A. Jean Juste, J.R. Lama, J. Valencia, A. Omoz-Oarhe, K. Supparatpinyo, G. Masheto, L. Mohapi, R.O. da Silva Escada, S. Mawlana, P. Banda, P. Severe, J. Hakim, C. Kanyama, D. Langat, L. Moran, J. Andersen, C.V. Fletcher, E. Nuermberger, and R.E. Chaisson, for the BRIEF TB/A5279 Study Team\*

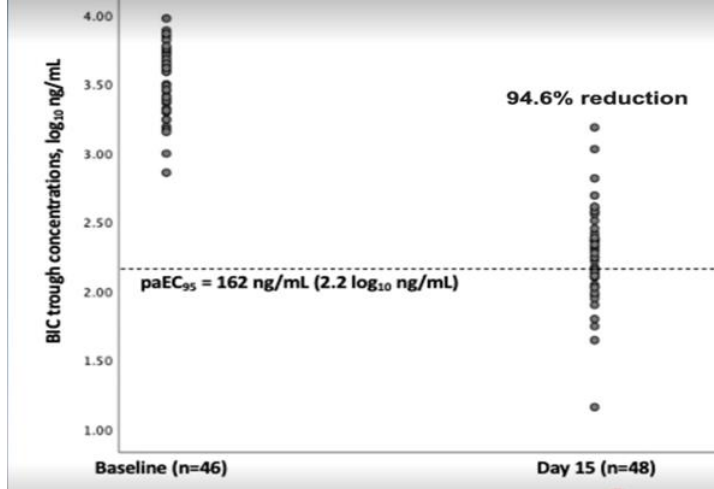


**But what about drug Interactions with ARVs?**

# INSTIs and Rifapentine

What The Database predicts  
To INSTI levels with Rifapentine

BIC/ F/TAF	DTG	EVG/c/ F/TAF	EVG/c/ F/TDF	RAL
↓	↓	↓	↓	↓



Bictegravir concentrations with Rifapentine  
..And 2/16 patients had viral rebound  
from day 15 to day 30

# What is the best way of Contact Tracing of TB?



# Two different Strategies

## **Standard of Care**

Referral Letters for all HH members  
M1 telephone check-in visit

OR

## **Intensive Contact Tracing**

### **Home-based Universal testing**

TB disease: sputum: Xpert and Culture

TST

HIV counselling and testing

### **Immediate referral:**

TB treatment

ART

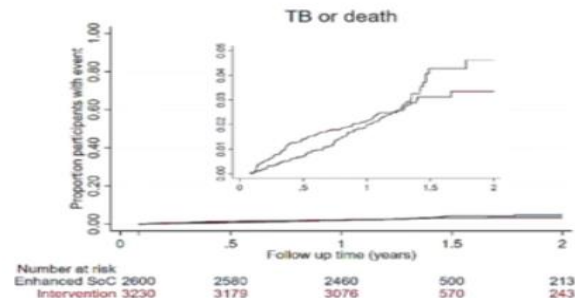
**Home initiation IPT**

**M3 check-in visit**

# No Difference in Outcome

## Trial outcomes at 15 Months

	Referral Letter	Int. Contact Tracing	Hazard ratio (95% CI)
<b>Primary</b>			
Contacts diagnosed with TB	31/2551 0.92/100py	51/3188 1.24/100py	1.33 (0.83, 2.16)
Contact deaths	49/3961 (1.2%)	42/4242 (1.0%)	0.72 (0.47, 1.10)
<b>TB or death</b>	<b>80/2600 (3.1%)</b>	<b>93/3230 (2.9%)</b>	<b>0.90 (0.66, 1.24)</b>



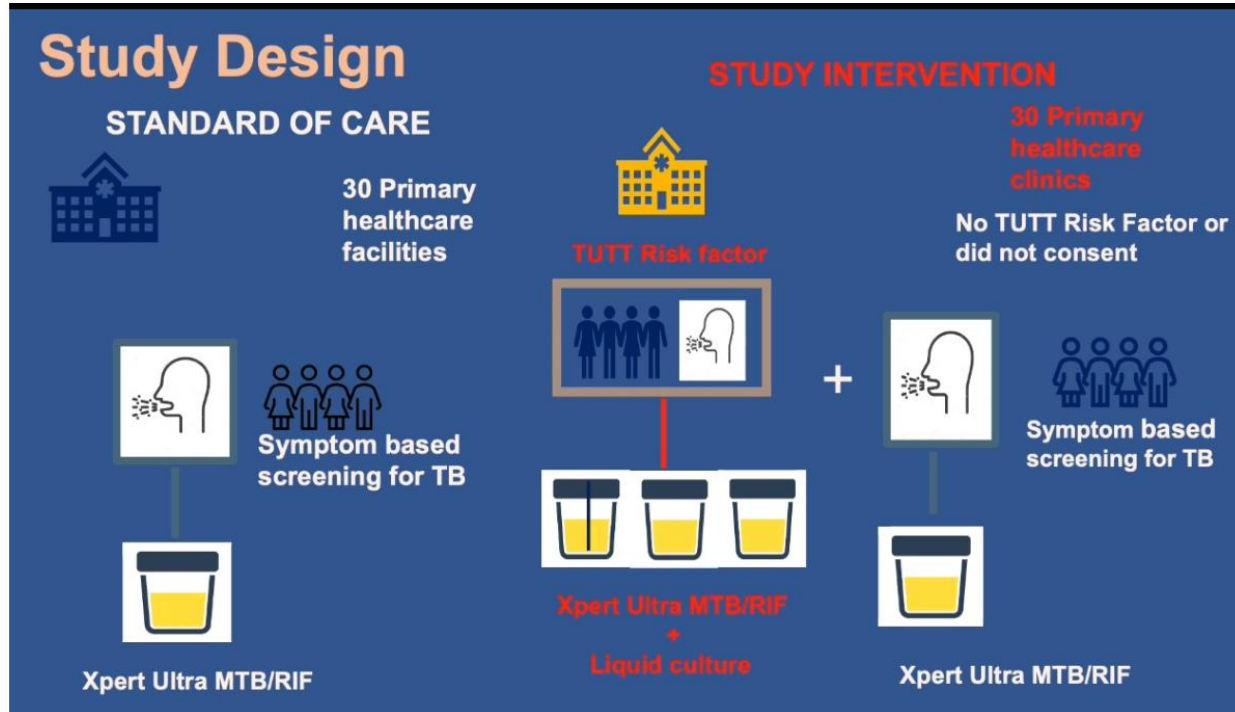
**Standard of Care (Letters to Contacts) saves  
on valuable resources used in the Intensive Strategy  
In a SA setting**

# Targeted Universal Testing For TB in Clinics

- To ascertain if augmenting routine symptom-based sputum testing with Targeted Universal Testing for TB (TUTT) in clinics increased the number of patients diagnosed with TB per month by 25%
- Targeted clinic attendees:
  - HIV+
  - Close contact <1 year
  - Prior TB <2 year

**Trial Outcome: TB patients diagnosed per month per clinic**

# TARGETED UNIVERSAL TESTING FOR TB IN CLINICS





# Results

The yield of universal risk-factor based testing for TB was high in the three targeted risk groups:

- HIV-infected: 5%
- TB contacts: 8%
- Prior TB: 12%

Clinics are diagnosing 8% fewer patients with TB year on-year under the standard of care

The TUTT intervention resulted in a 17% net increase in TB cases diagnosed per clinic per month as compared to the standard of care clinics.

# Conclusions

- We now have 4 month Treatment for Drug sensitive TB and 6 months for MDR/XDR.
- High Dose Rifampicin improves CNS concentrations and trials are planned for clinical benefit.
- High dose rifampicin lowers DTG levels without effecting clinical outcomes.
- Rifapentine should not be used with Bictegravir.
- Simple Contact tracing of contacts is as efficient as intense methods and saves on resources.
- Targeted TB Testing Improves Yields.