

International AIDS Society - Industry Liaison Forum Meeting  
5 March 2012

# Treating HIV in children with tuberculosis

Helen McIlleron, Division of Clinical Pharmacology



University of Cape Town

# Challenges of combined treatment



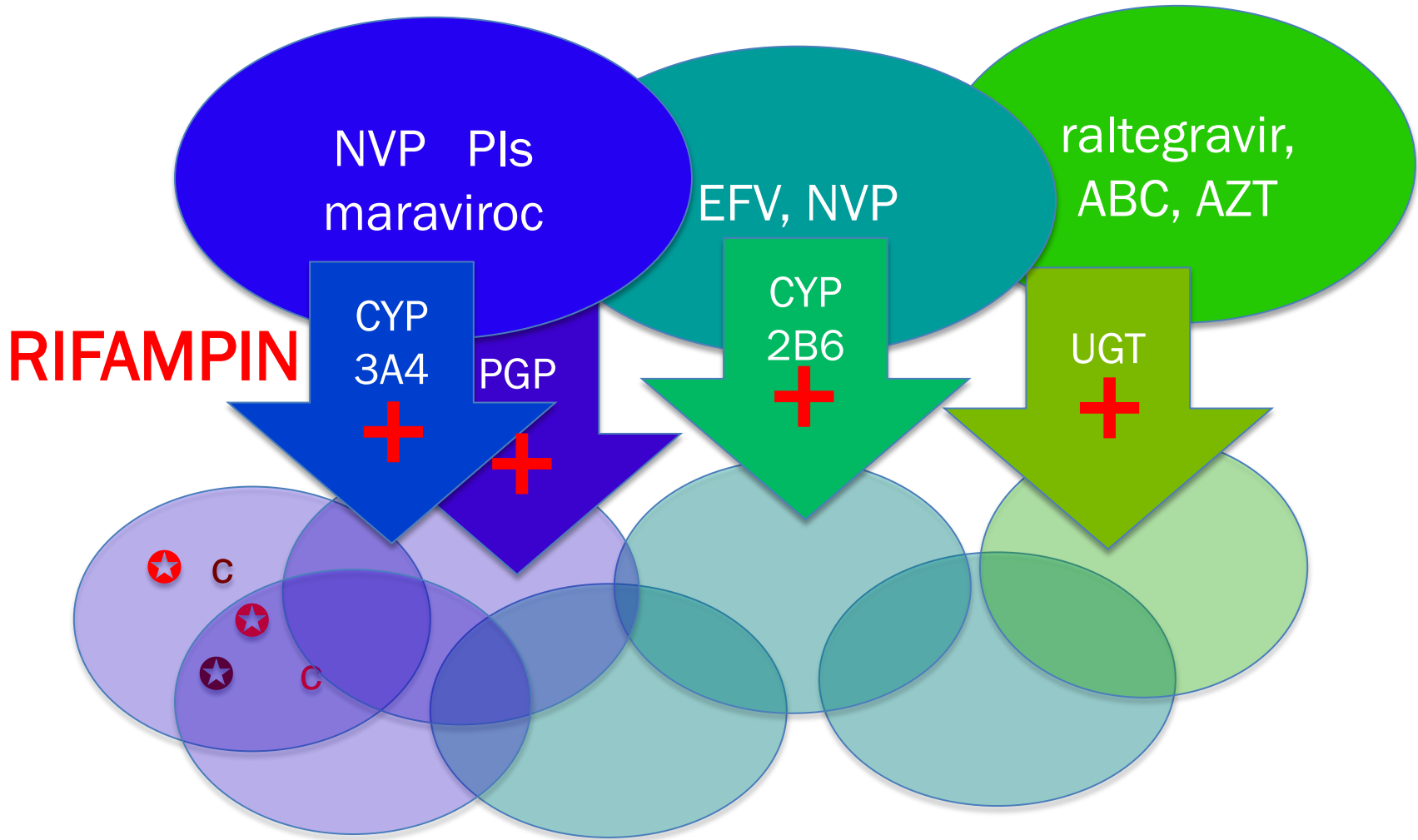
**Large pill burdens, complex dosing schedules**

**Overlapping drug toxicities**

**Drug-drug interactions**

**Development of the immune reconstitution syndrome (IRIS)**

# Drug-drug interactions



NVP, nevirapine; PIs, protease inhibitors; EFV, efavirenz; ABC, abacavir; AZT, zidovudine;  
CYP, cytochrome P450; PGP, p-glycoprotein; UGT, UDP glucuronosyltransferases

# WHO ART guidelines for children with TB

|   | ART   | TB treatment   |
|---|---|--|
| < 2 years & ARV exposure  | 3NRTIs <sup>1</sup>                                   |  |
| < 3 years; no ARV exposure<br>(or ARV exposure unknown)                       | <b>Nevirapine +2NRTIs<sup>2</sup></b><br>or<br>3NRTIs | <b>RIFAMPIN</b><br>Isoniazid<br>Pyrazinamide<br>Ethambutol |
| > 3 years   | <b>Efavirenz +2NRTIs</b><br>or<br>3NRTIs              | Co-trimoxazole   |
| On PI-based regimen, or<br>2 <sup>nd</sup> -line regimen with PI<br>indicated | super-boosted PI<br>( <b>LPV/RTV=1:1</b> )+2NRTIs     |  |

<sup>1</sup>ABC+3TC+AZT/d4T; <sup>2</sup>3TC+ABC/AZT/d4T

# NRTI-only regimens

- Inferior efficacy, especially when viral load is high
  - *Gulick et al. N Engl J Med 2004; 350:1850-61*
  - *Berenguer et al. JAIDS 2006; 41:154-9*
- High rates of NRTI mutations and virological failure in children
  - *Bobat et al., 4th IAS Conf HIV Pathogen Treat Prev, Sydney 2007*
  - *Neely et al., 17th Conf Retroviruses Opportunistic Infect, San Francisco 2010*
- Not evaluated in children with TB
- Rifampin may reduce ABC and AZT concentrations

# Nevirapine+2NRTIs in children with TB

21 Zambian children aged 1.6 (0.7-3.2) years on TB treatment and paediatric Triomune®

|   | Children with TB<br>(n=21) | Controls without TB<br>(n=16) | p-value |
|---|----------------------------|-------------------------------|---------|
| AUC <sub>0-12h</sub> (mg.h/l)           | 52.0 (22.6, 159.7)         | 90.9 (40.4, 232.1)            | <0.001  |
| C <sub>0</sub> (mg/l)                   | 2.93 (1.06, 11.40)         | 5.93 (3.28, 18.13)            | 0.001   |
| C <sub>max</sub> (mg/l)                 | 6.33 (2.61, 14.5)          | 9.59 (5.28, 21.04)            | <0.001  |
| Number with<br>C <sub>0</sub> <3.0 mg/l | 11                         | 0                             | 0.001   |

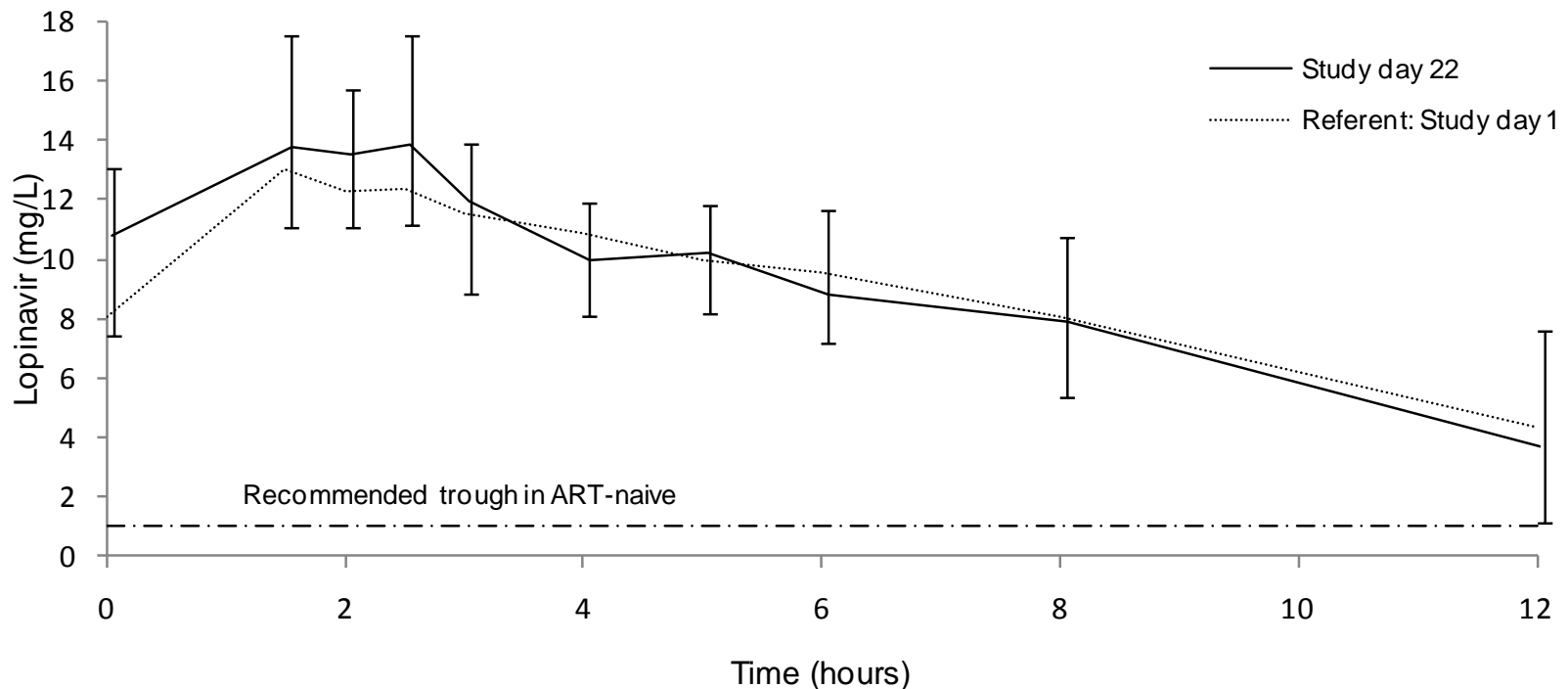
*Oudijk et al. 5th IAS Conf Pathogen Treat Prev, Cape Town, July 2009*

# Adjusted doses of lopinavir(LPV) & ritonavir(RTV)

- double dose LPV/r
  - LPV/RTV = 800/200 mg 12 hly
- super-boosted LPV
  - LPV/RTV = 400/400 mg 12 hrly

adequate LPV concentrations in adults on rifampin; concerns about hepatotoxicity

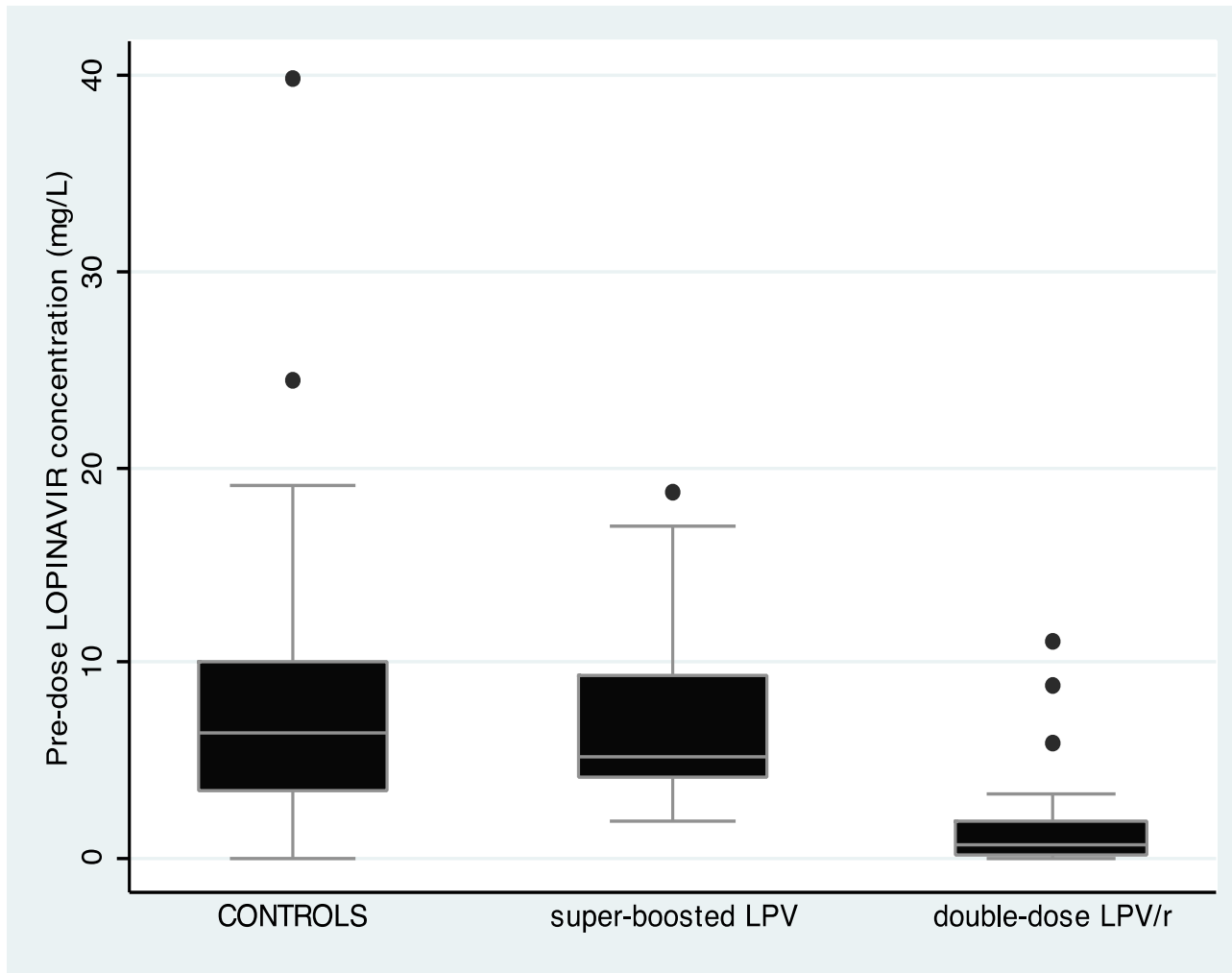
- *La Porte, et al., Antimicrob Agents Chemother 2004;48:1553-60*
- *Nijland et al., AIDS 2008;22:931- 935*



*Decloedt, et al., Antimicrob Agents Chemother. 2011;55:3195-200.*

## Young children are different:

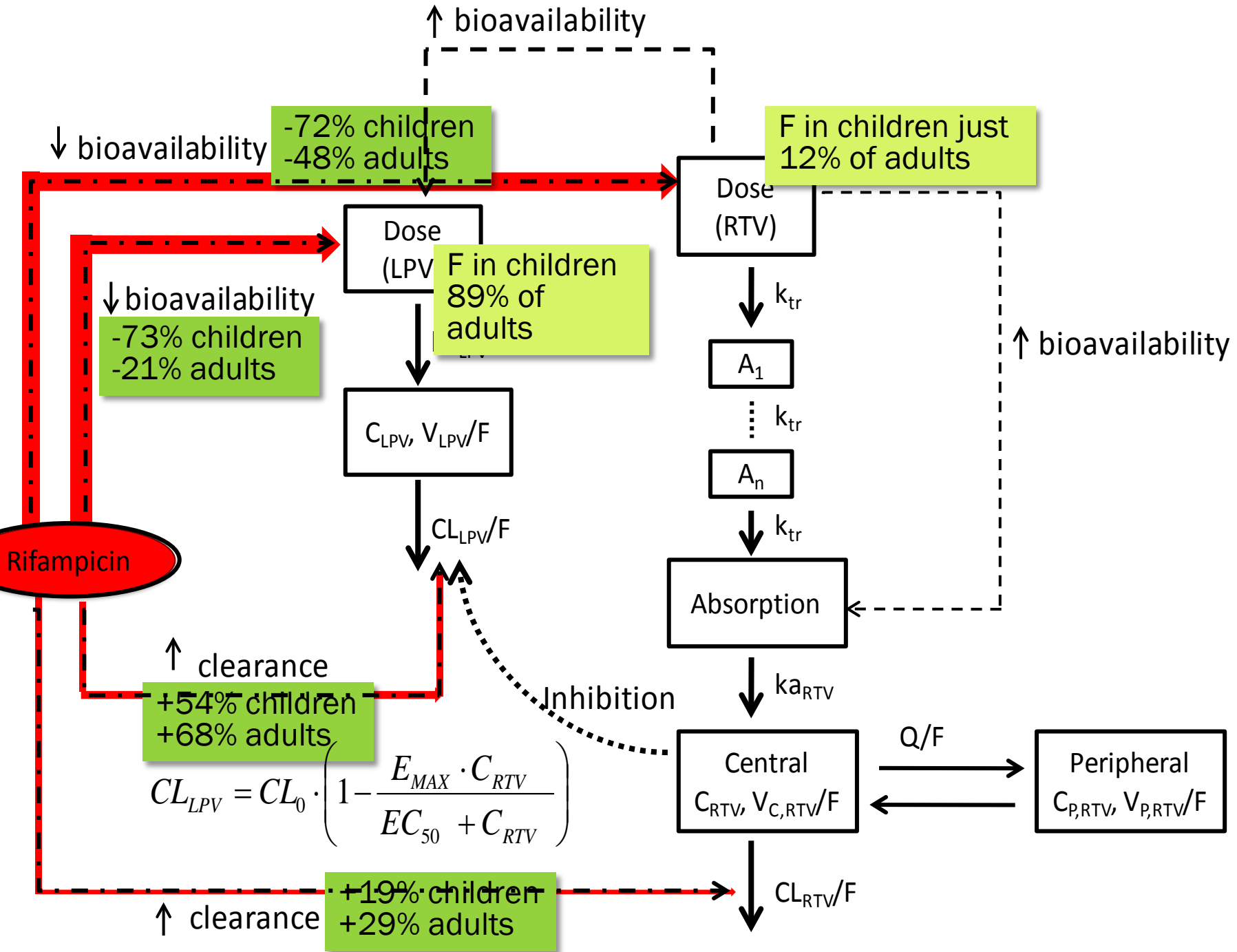
- doubled doses of LPV/r do not overcome the effect of TB treatment;
- super-boosting is not feasible in many settings



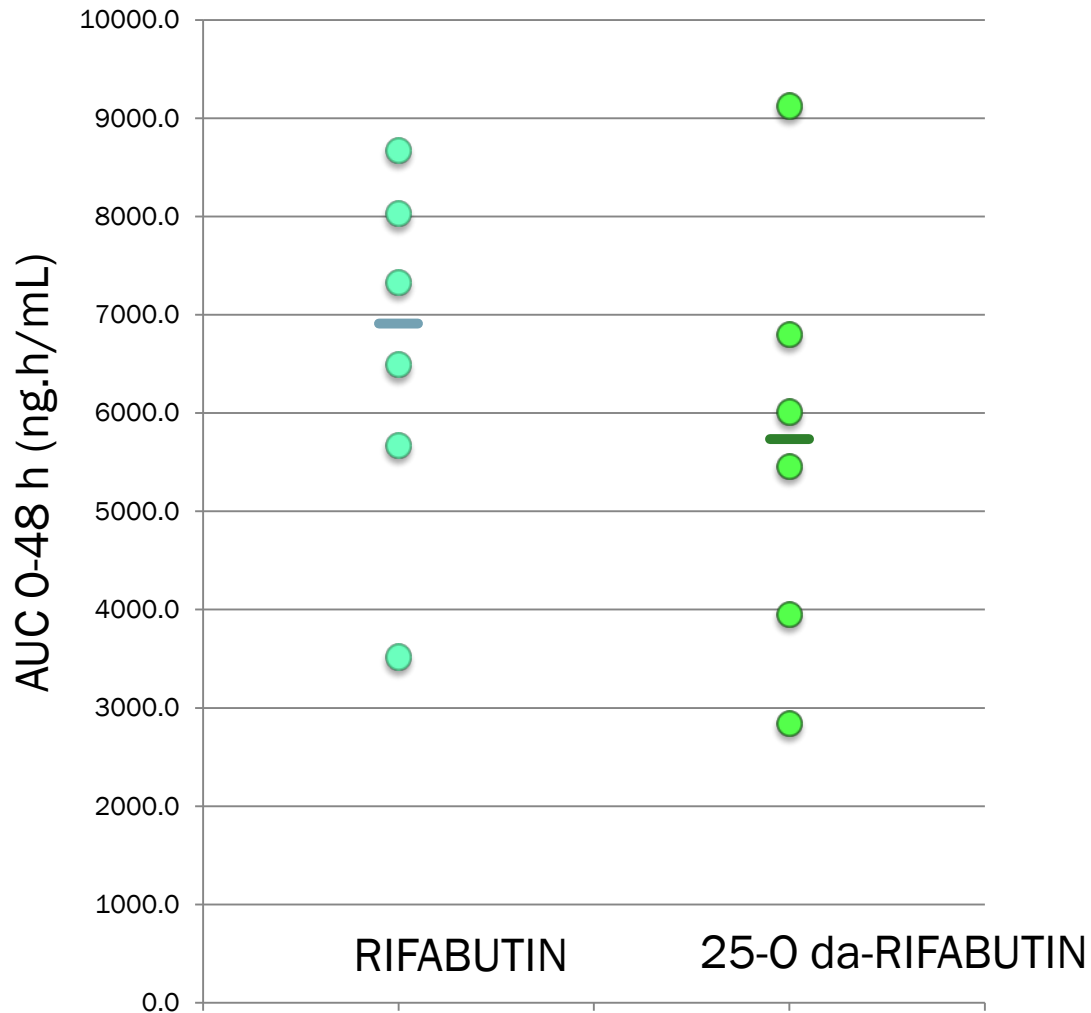
*Ren et al., J Acquir Immune Defic Syndr. 2008; 47:566-569.*

*McIlleron et al., Antivir Ther. 2011;16(3):417-21*

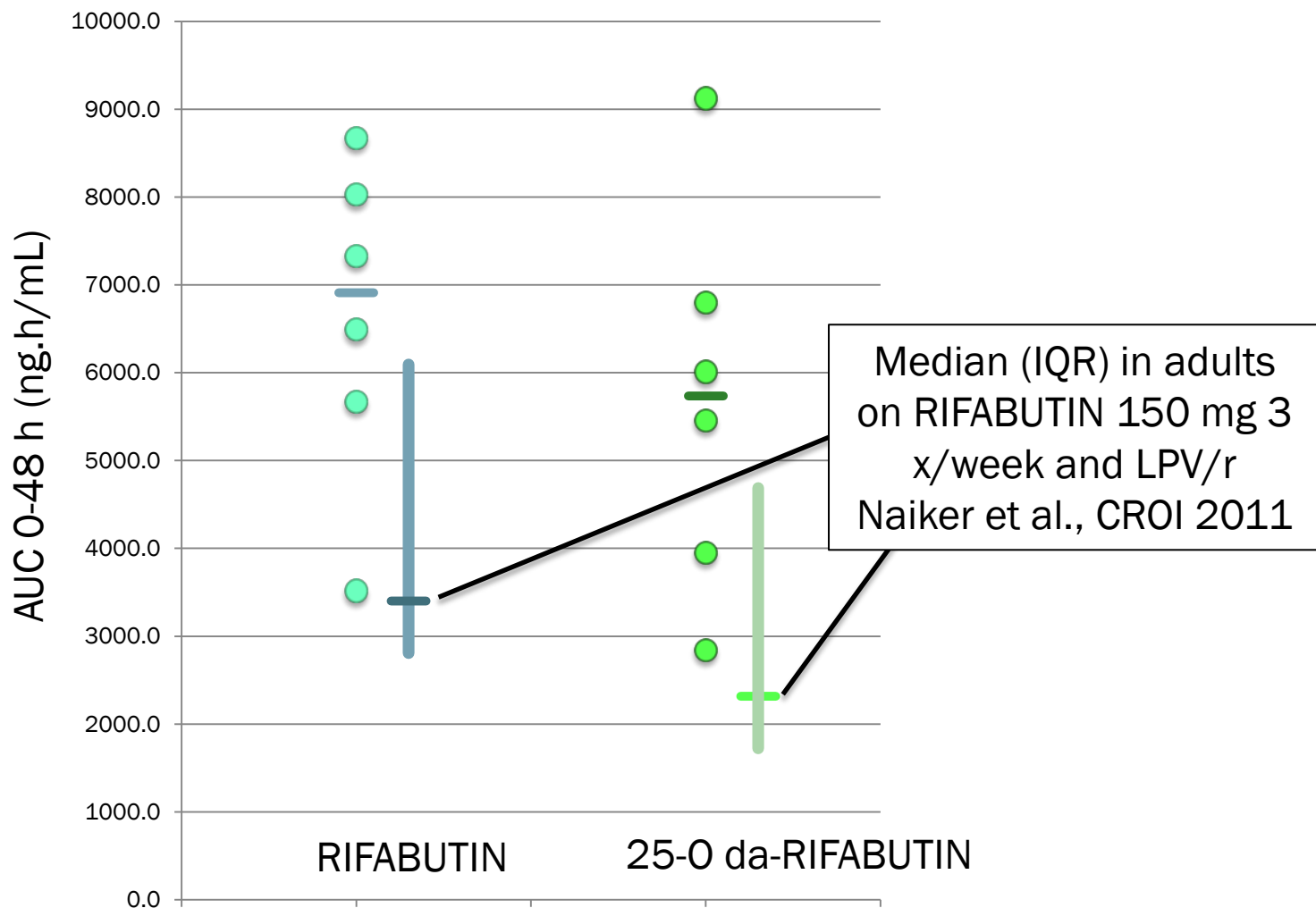




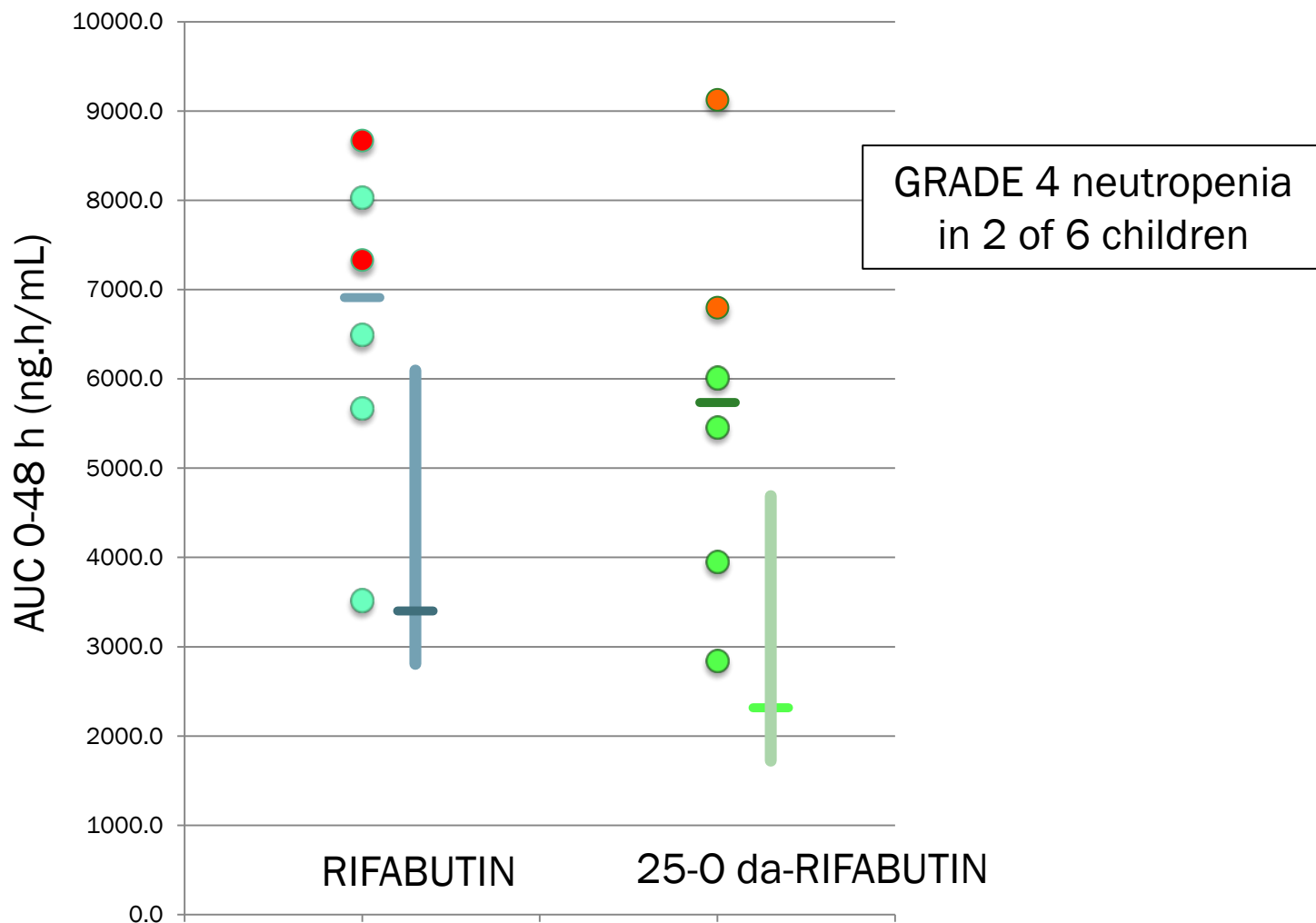
# Rifabutin (5 mg/kg, 3 x/week) with LPV/r in young children



# Rifabutin (5 mg/kg, 3 x/week) with LPV/r in young children

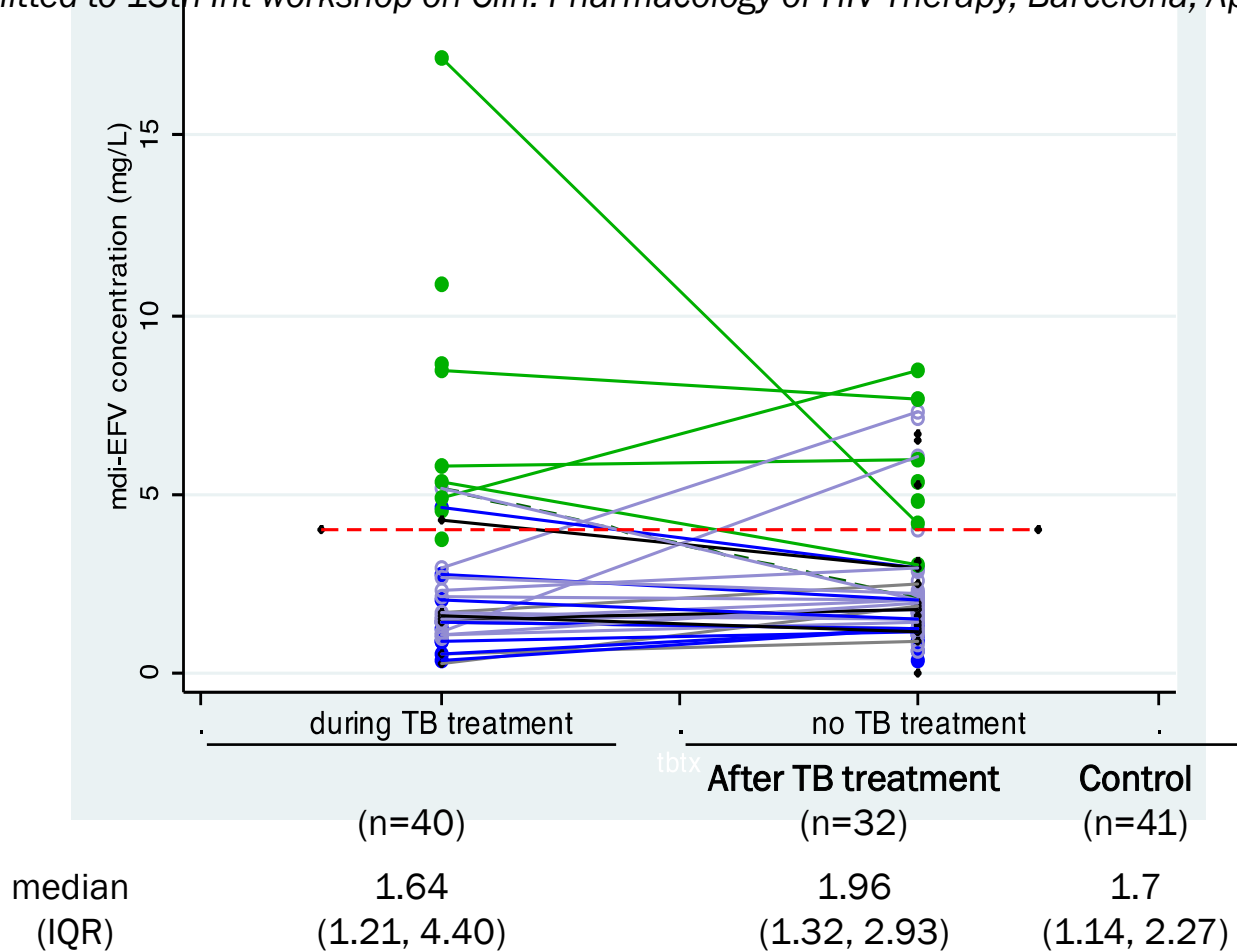


# Rifabutin (5 mg/kg, 3 x/week) with LPV/r in young children



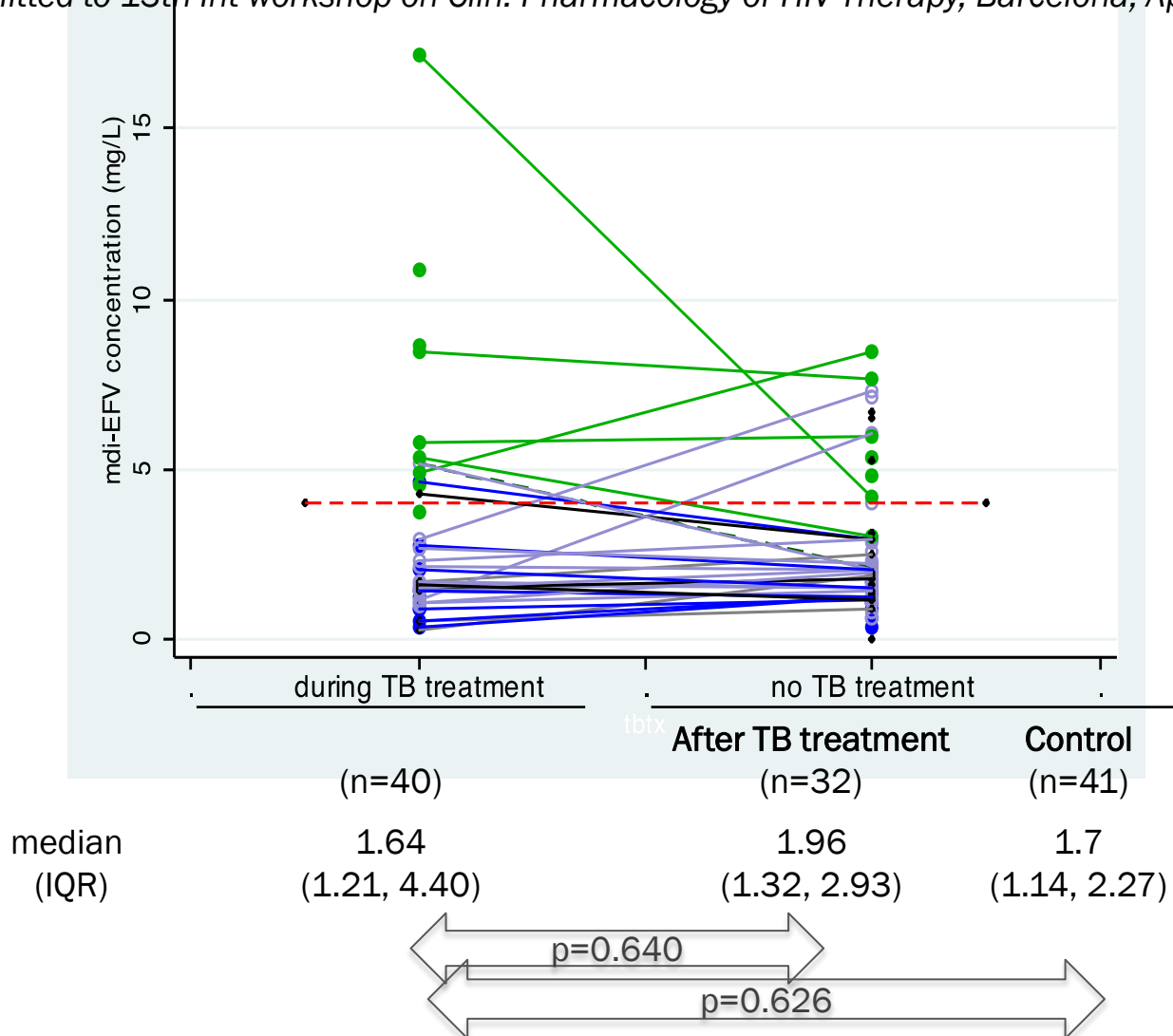
# Children $\geq 3$ years-old: mid-dose interval concentrations of EFV (mdi-EFV)

Submitted to 13th Int workshop on Clin. Pharmacology of HIV Therapy, Barcelona, April 2012



# Children $\geq 3$ years-old: mid-dose interval concentrations of EFV (mdi-EFV)

Submitted to 13th Int workshop on Clin. Pharmacology of HIV Therapy, Barcelona, April 2012



**OVERALL: TB treatment had NO SIGNIFICANT EFFECT on EFV concentrations**

# Conclusions

- There are considerable concerns about the available treatment options for young HIV infected children with TB:
  - inferior efficacy; increased toxicity; complexity of regimens, large pill burden, and a lack of suitable formulations.
- PK, safety and efficacy studies are needed to define the best approaches:-
  - Adjusted doses of LPV (or alternative PI) and RTV
    - Adequately powered studies, across ages
    - Alternative dosing approaches & alternative formulations
  - Optimized NVP dose
  - Efficacy (& Resistance mutations) with triple nucleoside regimen
  - EFV-based regimen in children <3 y
  - RALTEGRAVIR-based ART
  - Optimal RIFABUTIN dose with PI/r (& development of formulation)
- Novel TB regimens
  - RIFAMYCIN-SPARING
- Affordable FORMULATIONS suited to high burden settings are urgently needed

# Acknowledgements-

Y Ren, C Zhang, P Denti, M Schomaker, P Smith,  
G Maartens, J Nuttall, B Eley, T Kellerman, L Wiesner,  
D Haas, M Oudijk, D Burger, V Mulenga, C Chintu,  
C Merry, S Walker, A Cook, D Gibb, A van Rie, H Moultrie,  
H Gous, S Sawry, G Kindra, A Pym, S Naiker

Funders: EDCTP, SA DOH, NIH, Wellcome Trust