





From global to regional: Science, youth and community in the HIV response in East Africa

SCIENTIFIC SYMPOSIUM

Rwanda, 30 November 2019



Community youth clubs in Khayelitsha,
A differentiated model of care for HIV positive
youth integrating SRHR services

Lucy O'Connell, SAMU, MSF





Local context

- Khayelitsha: Peri-urban township of ~500,000 people outside Cape Town, South Africa
- MSF supporting City of Cape Town running Youth clinics (age 12-25) since 2001:
 - Termination of pregnancy since 2008
 - Youth clubs since 2012
 - Youth community clubs since 2017
 - PrEP provision since 2017 (study)





The Building Blocks of Community Youth Clubs

WHAT



WHERE



WHO



WHEN





Outcomes

	Non-club patients	Community clubs	Facility clubs
n	169	77	81
In care on ART at 12 months (%)	87%	88%	95%
VL completed	84%	100%	97%
VL suppressed	88%	100%	92%



Lessons learnt

- Community youth clubs can provide integrated HIV care and SRHR services to youth (family planning, pap smear, education)
- Psychosocial support is a vital component of SRHR services and some of it can be provided via youth club models
- Community youth clubs show non inferior results to youth facility clubs
- Challenges in running community youth clubs include availability of transport, need for dedicated nurse at each visit as well as good planning of the services.



For more information....

- Please check poster on youth community clubs:
- **Thursday, 5 December 2019**
- THPEB055
- **“Lessons Learned from Implementing Community Youth Clubs in Khayelitsha, South Africa”**

- **Also see KETHA , a digital HIV counselling platform for youth**
<https://www.youtube.com/watch?v=pvEUK7PGENc&feature=youtu.be>



Acknowledgements



MÉDECINS SANS FRONTIÈRES KHAYELITSHA

YOUTH LINKAGE AND RETENTION
INTERVENTIONS FROM HIV DIAGNOSIS
TO ADULT CARE TRANSITION

REPORT AND TOOLKIT



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

- MSF staff involved in this project
- Treatment Action Campaign
- City of Cape Town
- Site C youth staff
- Children Radio Foundation
- Lovelife
- KhethÍmpilo
- Anova Health
- All the youth members involved in this project

“The club made us be sisters and brothers. We plan to do things together and this is something I never thought I’ll be part of”