From global to regional: Science, youth and community in the HIV response in East Africa

SCIENTIFIC SYMPOSIUM

Rwanda, 30 November 2019
Community youth clubs in Khayelitsha,
A differentiated model of care for HIV positive youth integrating SRHR services

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Local context

- Khayelitsha: Peri-urban township of ~500,000 people outside Cape Town, South Africa
- MSF supporting City of Cape Town running Youth clinics (age 12-25) since 2001:
  - Termination of pregnancy since 2008
  - Youth clubs since 2012
  - Youth community clubs since 2017
  - PrEP provision since 2017 (study)
The Building Blocks of Community Youth Clubs

WHAT

WHERE

WHO

WHEN
## Outcomes

<table>
<thead>
<tr>
<th></th>
<th>Non-club patients</th>
<th>Community clubs</th>
<th>Facility clubs</th>
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<tbody>
<tr>
<td><strong>n</strong></td>
<td>169</td>
<td>77</td>
<td>81</td>
</tr>
<tr>
<td><strong>In care on ART at 12 months (%)</strong></td>
<td>87%</td>
<td>88%</td>
<td>95%</td>
</tr>
<tr>
<td><strong>VL completed</strong></td>
<td>84%</td>
<td>100%</td>
<td>97%</td>
</tr>
<tr>
<td><strong>VL suppressed</strong></td>
<td>88%</td>
<td>100%</td>
<td>92%</td>
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Lessons learnt

- Community youth clubs can provide integrated HIV care and SRHR services to youth (family planning, pap smear, education)

- Psychosocial support is a vital component of SRHR services and some of it can be provided via youth club models

- Community youth clubs show non inferior results to youth facility clubs

- Challenges in running community youth clubs include availability of transport, need for dedicated nurse at each visit as well as good planning of the services.
For more information....

• Please check poster on youth community clubs:
• Thursday, 5 December 2019
• THPEB055
• “Lessons Learned from Implementing Community Youth Clubs in Khayelitsha, South Africa”

• Also see KETHA, a digital HIV counselling platform for youth
  https://www.youtube.com/watch?v=pvEUK7PGENc&feature=youtu.be
Acknowledgements

- MSF staff involved in this project
- Treatment Action Campaign
- City of Cape Town
- Site C youth staff
- Children Radio Foundation
- Lovelife
- Khethímpilo
- Anova Health
- All the youth members involved in this project

“The club made us be sisters and brothers. We plan to do things together and this is something I never thought I’ll be part of”