Policy updates
Integrating CHEU into the Nurturing Care Framework

Dr Martina Penazzato, MD, PhD
HIV Department- WHO Geneva
• Increasing body of evidence underscores the importance of integrated Early Childhood Development services to impact long term developmental outcomes.

• Many interventions for improving reproductive, maternal, newborn, child and adolescent health (including newborn care, nutrition, mental health, HIV prevention and care, responsive caregiving and opportunities for early learning) have a direct impact on child development.

• HIV affected children are particularly vulnerable to sub-optimal development.
Two converging agendas

Scaling up interventions to improve ECD via existing platforms and by targeting those at highest risk

Finding more children affected by HIV and providing a comprehensive package of care
To deliver on a common goal

HIV exposed infected and uninfected infants and children have substantial vulnerabilities

Need for identification and tracking of HIV-affected children for delivery of appropriate interventions
Two interrelated action areas

What the child’s brain expects and needs

Enabling environments for nurturing care
Effective interventions

**Health and nutrition**
- Maternal nutrition
- Family planning
- Prevention of substance abuse
- Antenatal care
- Child birth care
- Essential newborn care
- Breastfeeding
- Complementary feeding
- Immunization
- Management of childhood illness
- Care for maternal mental health
- Care for children with developmental difficulties

**Security and safety**
- Birth registration
- Safe water and sanitation
- Good hygiene
- Clean environments
- Clean air
- Safe places for recreation
- Prevention of violence
- Social care
- Foster care

**Responsive caregiving and early learning**
- Skin-to-skin contact after birth
- Kangaroo mother care for small babies
- Responsive feeding
- Play and communication
- Home made toys
- Book sharing
- Father’s involvement in child care
- Quality child care
- Using local language
- Indigenous practices
Optimizing contacts with health services

- Post-partum consultation
- Maternity
- Antenatal consultation
- Well-baby consultation
- Sick child consultation
- Consultation for child at risk
- Pediatric AIDS
- Waiting rooms: talks & playboxes
- Mother groups, counseling
Dissemination and uptake of the Nurturing Care Framework since May 2018 - National, regional and global actions

The boundaries and names shown and the designations used on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

Data Source: [type data source]
Map Projection: [type and name]
World Health Organization

© WHO 2013. All rights reserved.
Situating this work within the SDGs

• ECD is central to the SDGs and one of the most effective development “multipliers”

• Health services are one of the most essential entry points for delivering on ECD

• UNICEF and WHO are working closely together to implement the Nurturing Care Framework – forging new ground on the “how to?” of ECD

• HIV in particular offers a window into the ways in which we can crosslink ECD interventions between facility and community
"Implementing the Nurturing Care Framework in countries with high burden of HIV": Objectives

**General Objective**
- To discuss the challenges and opportunities to implement the Nurturing Care Framework in countries with high burden of HIV and develop guidance to leverage existing HIV programmes and promote integration with ECD platform.

**Specific Objectives**
- To discuss and review specific vulnerabilities of children HIV-exposed infected and uninfected.
- To formally review and evaluate current models and approaches to provide nurturing care to young children, in countries with high burden of HIV.
- To develop implementation considerations to support country implementation of the nurturing care framework.
Developing implementation considerations

• NCF principles and implementation
• Evidence around the vulnerability of HIV affected infants and children
• HIV delivery platform for mothers, infants and children
• Examples of HIV/ECD integration in studies and programmes
• Community perspective in delivering and receiving ECD interventions
• Tools available to support implementations
At every contact!

- MCH services ANC/Postnatal where **PMTCT and infant testing is integrated**
- **Paediatric treatment services**

**WHERE**

- **Pre-pregnancy**
  - AFHS+SRH+HIV prevention
- **Pregnancy**
  - ANC+labour and delivery
- **Postpartum and postnatal**
  - PP+EID+Early Tx
- **Paeds-Adults Tx**
  - DSD

**HIV services and opportunities for delivering ECD interventions**
WHERE: Maternal – Child Health Services

Generic to all pregnant women and children in the 1st 1000 days of life
- Antenatal Care
- Delivery
- Immunizations and Well Child Services

Unique to Children HIV Exposed Uninfected
- Early Infant Diagnosis

Unique to Children Living with HIV
- Infant and Child HIV Care and Treatment
WHERE

At every contact!

• MCH services ANC/Postnatal where PMTCT and infant testing is integrated
• Paediatric treatment services
• Adult care with assessment of risk
• Adolescents girls and young women services
• Inpatient services
• Outreach services (child health days)
• Home visits

Outside health sector: OVC and other programmes, FBOs, Village association, nutrition/water groups, community-based ECD centers
WHAT

• “Care for development” package is validated and appropriately adapted
• Layers of NCF to be adapted depending on where and when this is delivered
• Human centred services: attention to caregiver as well as the child
• Assessment of home environment
• Assessment of growth and development milestones
• Age appropriate responsive care services
• Mental wellbeing of the mother as a starting point
• Anticipatory guidance
• Emphasis on positive discipline
• Nudges
• “Remember, Strength and Add”
WHEN

• At every opportunity!
• Timepoints and frequency will depend on entry points
• Beyond immunization schedule
• Consider differentiated models for facility based interventions
• More frequent if risk is flagged
HOW

• Build on what is already there: knowledge, cultural background, traditions
• Education and messaging in the community: create awareness and demand
• Information alone is not enough especially for highly vulnerable parents: Modelling demonstrating and promoting Problem solving
• Ensure adequate resources are available
• Facility AND community based approaches
  • Mentor mothers
  • Postnatal baby clubs one stop shop
  • Social media
• Ensuring and monitoring quality
Considerations for scale up

- Mapping existing services and identify gaps
- Think how the interventions will be followed up (90-90-90)
- Family- and community focused messaging in additional to messaging to mothers
- Provide options to each country to interrogate how existing platforms could be used more effectively
- Harmonization
- Importance of in service training
- Define ownership for ECD
- Political champions
- Additional human resources and formalization of community workers

Monitor progress and track!

- Rely on routine programme data...issue with quality
- Is the child meeting milestones?
- Interim measurements to inform program adaptations and continue to make the case for investment
- Age-appropriate school entry
- Disaggregation of final outcomes in electronic medical records
In Summary

NCF principles are important for all and every point of contact is an opportunity

- Many HIV affected children have vulnerabilities addressable through implementation of the NCF
- HIV programmes provide an important platform to implement ECD interventions that are aligned with HIV services
- Multiple opportunities in routine health encounters to parents living with HIV and their young children with ECD interventions (PMTCT, Paeds tx, Adut tx, AFHS)
- Person-centred (Family-centred) care quality
- Informing, guiding, modelling
- Broader community action eg leadership of CBOs
- Intersectoral responses important to leverage

Remember, Strengthen, Add!
Next steps
Next steps

• Reach out to MOH colleagues to review key principles
• Develop a policy brief to advocate for integrated approach of ECD and HIV
• Develop an implementation consideration document focused on step by step action on how this could be done
• Dissemination at ICASA 2019
• Explore immediate opportunity to investigate research questions
• In country dissemination (particularly in countries with high burden)
• Inclusion in 2020 WHO Consolidated Guidelines

Promote re-focus of the HIV community around HIV-free survival and development
Acknowledgements

Organizing committee
Bernadette Daelmans
Shaffiq Essajee
Nande Putta
Nigel Rollins
Morkor Newman
Mark Tomlinson

Participants
Mollie Braaten
Fiona Burtt
Corinna Csaky
Helen Dale
Josephine Ferla
Nicolas Furtado
Sheila Manji
Elena McEwan
Katy Powis
Andrew Prendergast
Linda Richter
Molly Rivadeneira
Lorainne Sherr
Amy Slogrove
Nandita Sugandhi
Evelyn Udendi
Moses Zulu

https://nurturing-care.org/